



GLUTEN-FREE MENU

STARTERS

BABA PLATTER ^(V)

charred eggplant spread / chutney cream
tzatziki / radish / mini sweet pepper / cucumber
baby carrot / rice crackers
12.95

ARTICHOKE DIP ^(V)

gouda / parmesan / sharp cheddar / peruvian chilies /
garlic crispies / mini sweet pepper / rice cracker
12.95

BACON JALAPENO DIP

jalapeño creme / bacon bits / green onion / rice cracker
9.95

GREENS

grilled chicken 4.95 / shrimp 5.95 / salmon 6.95

^(V+)CENTRAAL

organic greens / apple / almond / lemon dressing
11.95

MEDITERRANEAN QUINOA ^(V)

arugula / carr valley grilled cheese / quinoa / tomatoes
red onion / cucumber / blueberries / basil vinaigrette
14.95

NOORD SHRIMP

arugula / blackened shrimp / avocado / sweet corn
cotija / blackened ranch
15.95

^(V+)BUFFALO BRUSSELS CAESAR

shredded brussels sprouts / cabbage
buffalo tofu / vegan caesar / pickled celery
pickled carrots / hemp seed parmesan
13.95

DIPPING SAUCES .75

basil aioli
jalapeño creme
vegan aioli
sambal aioli
chili bbq
garlic aioli
carolina bbq
sriracha aioli

DESSERT

SCOOP OF SALTED CARAMEL ICE CREAM ^(V)

1.95

BLUEBERRY TAHINI CHEESECAKE

Tahini cheesecake / blueberry ganache / golden milk
cocoa walnut crust / blueberry balsamic glaze
9.95

^(V) VEGETARIAN

^(V+) VEGAN

INTERNATIONAL MAINS

ASIAN CHICKEN BOWL

jasmine rice / bok choy / sugar snap / fried garlic / cashew / chili bbq
16.95

CAULIFLOWER TIKKA MASALA ^(V)

curry cauliflower / tofu / peppers / onions
quinoa / chutney cream / cilantro
15.95

BUDDHA SALMON

coriander crusted salmon / herb coconut broth
peanut crunch salad / mushroom tom yum rice
19.95

CHICKEN BIRRIA QUESADILLAS

griddled corn tortilla / shredded chicken / fontina cheese
consomme / jicama salad / red onion-cilantro sprinkle / lime
15.95

STREET FOOD & HANDHELDS

served on an udi's gluten-free bun with side salad or fresh fruit

BRIE TURKEY

sliced turkey / brie cheese / bacon / basil aioli
arugula / blueberry gastrique
16.95

GRILLED CHICKEN AVOCADO

bacon / three-chili gouda / basil aioli
17.95

SMOKED SALMON KIMCHI CLUB*

smoked salmon / bacon / kimchi slaw / cream cheese
cucumber / red onion
17.95

CAROLINA CHICKEN

grilled chicken / carolina bbq / pickle
spicy finger hot pepper / roasted garlic aioli
18.95

^(V)GREEN GODDESS

herb chickpea salad / herb goat cheese
shredded brussels salad / almonds / avocado salsa
15.95

BURGERS

served on an udi's gluten-free bun with side salad or fresh fruit

BAY VIEW*

bacon / wisconsin aged sharp cheddar
17.95

SPICY BACON AVOCADO*

three-chili gouda / avocado / bacon / chipotle cholula
18.95

SINGLE SPEED*

house-seasoned patty
13.95

MUSHROOM & BRIE*

roasted wild mushrooms / brie / spicy mustard / pickles
18.95

BLACK BEAN SMASHER ^(V+)

cashew black bean patties / vegan pepper jack / tomato
grilled red onion / garlic mustard
16.95

* May contain raw or undercooked meats, poultry, seafood, shellfish, or eggs, which may increase risk of foodborne illness

GLUTEN-FREE

BRUNCH

STARTERS

SALMON TOAST*

sliced udi's gluten free bun
smoked salmon
red onion
caper
dill
13.95

DIPPING SAUCES .75

basil aioli
jalapeño creme
vegan aioli
sambal aioli
chili bbq
garlic aioli
carolina bbq
sriracha aioli

SIDES

BACON	3.95
HAM	3.95
SAUSAGE LINKS	3.95
TOFU SCRAMBLER	3.95
ONE EGG*	1.95
FRESH FRUIT	3.95

(V) VEGETARIAN **(V+)** VEGAN

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BRUNCH PLATES

CHEESY GOOEY SPICY MESS*

chorizo / sausage / bacon bits / white cheddar / fontina / red chili sauce / crispy hash browns / over easy eggs / jalapeño creme / cucumber pico
16.95

BRUNCH HANDHELDS *served on an udi's gluten free bun with side salad or fruit*

BACON'S BREAKFAST SAMMIE

bacon / canadian bacon / muenster / avocado / sambal aioli / scrambled eggs
15.95

BELT & A*

bacon / fried eggs / tomato / lettuce / avocado / basil aioli
15.95

(V) EGG KIMCHI SANDO

kimchi omelette / american cheese / jalapeño creme
14.95
sub bacon +1.95

EGG PLATES *served with side salad or fruit / substitute egg whites for +1*

HAM & CHEESE OMELETTE

cheddar / badger ham
16.95

(V) TOMATO MUSHROOM & CHEVRE OMELETTE

crushed tomato sauce / braised spinach / wild mushrooms / basil / fresh goat cheese
17.95

MKE CHEESESTEAK OMELETTE

sirloin steak / roasted peppers / american cheese / three chili gouda / jalapeño creme
18.95

CLASSIC EGGS BENEDICT*

sliced udi's gluten free bun / canadian bacon / hollandaise
16.95

AMERICANA*

two eggs / choice of: bacon, badger ham, or sausage links
14.95

LUNCH *served with side salad or fruit unless otherwise noted*

BAY VIEW BURGER*

bacon / wisconsin aged sharp cheddar / udi's gluten free bun
17.95

sub sub black bean smasher patties +1 / add egg +1.95

(V+) BLACK BEAN SMASHER

cashew black bean patties / vegan pepper jack / tomato
grilled red onion / garlic mustard / udi's gluten free bun
16.95

GREEN GODDESS SANDWICH **(V)**

herb chickpea salad / herb goat cheese / shredded brussels salad
almonds / avocado salsa / udi's gluten free bun
15.95

CAROLINA CHICKEN SANDWICH

grilled chicken / carolina bbq / pickle / spicy finger hot pepper
roasted garlic aioli / udi's gluten free bun
18.95

add egg +1.95

(V+) CENTRAAL SALAD

organic greens / apple / almond / lemon dressing / no side
11.95

add grilled chicken 4.95 shrimp 5.95 salmon 6.95