



GLUTEN-FREE MENU

STARTERS

FALAFEL & BABA PLATTER ^(V)

charred eggplant spread / chutney cream
tzatziki / radish / mini sweet pepper / cucumber
baby carrot / rice crackers
10.95

BACON ARTICHOKE DIP

gouda / parmesan / sharp cheddar / peruvian chilies
mini sweet pepper / rice cracker
11.95

SALMON & BEET TARTARE*

smoked and raw salmon / pickled beets / herb aioli
chopped boiled egg / red onion / rice crackers
13.95

GREENS

grilled chicken 3.95 / shrimp 5.95 / salmon 6.95

^(V+)CENTRAAL

organic greens / apple / almond / lemon dressing
10.95

MEDITERRANEAN QUINOA ^(V)

arugula / carr valley grilled cheese / quinoa / tomatoes
red onion / cucumber / blueberries / basil vinaigrette
14.95

NOORD SHRIMP

arugula / blackened shrimp / avocado / sweet corn
cotija / blackened ranch
15.95



BUFFALO BRUSSELS CAESAR

shredded brussels sprouts / cabbage
buffalo tofu / vegan caesar / pickled celery
pickled carrots / hemp seed parmesan
12.95

DIPPING SAUCES .75

basil aioli
jalapeño creme
vegan aioli
sambal aioli
chili bbq
garlic aioli
carolina bbq
sriracha aioli

DESSERT

SCOOP OF
SALTED CARAMEL ICE CREAM ^(V)
.95



VEGETARIAN



VEGAN

INTERNATIONAL MAINS

ASIAN CHICKEN BOWL

jasmine rice / bok choy / sugar snap / fried garlic / cashew / chili bbq
15.95

CAULIFLOWER TIKKA MASALA ^(V)

curry cauliflower / tofu / peppers / onions / quinoa
rice crackers / chutney cream / cilantro
14.95

BUDDHA SALMON

coriander crusted salmon / herb coconut broth
peanut crunch salad / mushroom tom yum rice
18.95

CHICKEN BIRRIA QUESADILLAS

griddled corn tortilla / shredded chicken / fontina cheese
consomme / jicama salad / red onion-cilantro sprinkle / lime
15.95

STREET FOOD & HANDHELDS

served on an udi's gluten-free bun with side salad or fresh fruit

BRIE TURKEY

sliced turkey / brie cheese / bacon / basil aioli
arugula / blueberry gastrique
15.95

GRILLED CHICKEN AVOCADO

bacon / three-chili gouda / basil aioli
15.95

SMOKED SALMON KIMCHI CLUB

smoked salmon / bacon / kimchi slaw / cream cheese
cucumber / red onion
15.95

CAROLINA CHICKEN

grilled chicken / carolina bbq / pickle
spicy finger hot pepper / roasted garlic aioli
16.95



GREEN GODDESS

herb chickpea salad / herb goat cheese
shredded brussels salad / almonds / avocado salsa
13.95

BURGERS

served on an udi's gluten-free bun with side salad or fruit

BAY VIEW*

bacon / wisconsin aged sharp cheddar
15.95

SPICY BACON AVOCADO*

three-chili gouda / avocado / bacon / chipotle cholula
15.95

SINGLE SPEED*

house-seasoned patty
12.95

MUSHROOM & BRIE*

roasted wild mushrooms / brie / spicy mustard / pickles
16.95

BLACK BEAN SMASHER ^(V+)

cashew black bean patties / vegan pepper jack / tomato
grilled red onion / garlic mustard
14.95

* May contain raw or undercooked meats, poultry, seafood, shellfish, or eggs, which may increase risk of foodborne illness

GLUTEN-FREE

BRUNCH

STARTERS

SALMON TOAST*

sliced udi's gluten free bun
smoked salmon
red onion
caper
dill
12.95

DIPPING SAUCES .75

basil aioli
jalapeño creme
vegan aioli
sambal aioli
chili bbq
garlic aioli
carolina bbq
sriracha aioli

SIDES

BACON	2.95
HAM	3.95
SAUSAGE LINKS	2.95
TOFU SCRAMBLER	2.95
ONE EGG*	1.50
FRESH FRUIT	2.95

(V) VEGETARIAN **(V+)** VEGAN

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BRUNCH PLATES

CHEESY GOOEY SPICY MESS*

chorizo / sausage / pork belly / white cheddar / fontina / red chili sauce
pico de gallo / crispy hash browns / over easy eggs / jalapeño creme
15.95

(V+) SMOKEY MOROCCAN

spiced sweet potato & pepper medley / chili bbq / turmeric tofu / braised spinach / cilantro
13.95

BRUNCH HANDHELDS *served on an udi's gluten free bun with side salad or fruit*

BACON'S BREAKFAST SAMMIE

bacon / canadian bacon / muenster / avocado / sambal aioli / scrambled eggs
13.95

BELT & A*

bacon / fried eggs / tomato / lettuce / avocado / basil aioli
13.95

(V) EGG KIMCHI SANDO

kimchi omelette / american cheese / jalapeño creme
12.95
sub bacon +1

EGG PLATES *served with side salad or fruit / substitute egg whites for +1*

HAM & CHEESE OMELETTE

cheddar / badger ham
14.95

TOMATO MUSHROOM & CHEVRE OMELETTE **(V)**

crushed tomato sauce / braised spinach / wild mushrooms / basil / fresh goat cheese
15.95

MKE CHEESESTEAK OMELETTE

sirloin steak / roasted peppers / american cheese / three chili gouda / jalapeño creme
15.95

CLASSIC EGGS BENEDICT*

sliced udi's gluten free bun / canadian bacon / hollandaise
14.95

AMERICANA*

two eggs / choice of: bacon, badger ham, or sausage links
12.95

LUNCH *served with side salad or fruit unless otherwise noted*

BAY VIEW BURGER*

bacon / wisconsin aged sharp cheddar / udi's gluten free bun
15.95
sub sub black bean smasher patties +1 / add egg +1.50

(V+) BLACK BEAN SMASHER

cashew black bean patties / vegan pepper jack / tomato
grilled red onion / garlic mustard / udi's gluten free bun
14.95

GREEN GODDESS SANDWICH **(V)**

herb chickpea salad / herb goat cheese / shredded brussels salad
almonds / avocado salsa / udi's gluten free bun
13.95

CAROLINA CHICKEN SANDWICH

grilled chicken / carolina bbq / pickle / spicy finger hot pepper
roasted garlic aioli / udi's gluten free bun
16.95
add egg +1.50

(V+) CENTRAAL SALAD

organic greens / apple / almond / lemon dressing / no side
10.95
add grilled chicken 3.95 shrimp 5.95 salmon 6.95